

GopherBusiness 2010
Suggested Shopping Ideas for Business Attire

Attire:	Number of Outfits:
Casual	5
Business Casual	3
Business Professional	4

Cost-Free Option

Borrow clothes from a parent, relative, or friend of same size

Low-priced Option

Thrift Stores (Salvation Army, Goodwill, Plato's Closet, etc.)

Online (Ebay, etc.)

Moderately-Priced Option

Low-Cost Retailers (Target, Wal-Mart, etc.)

Clothing Outlets or Outlet malls

Discount Department Stores (Marshalls, TJ Max, etc.)

Mix & Match

Keep in mind to obtain clothes that you can easily mix and match with other items to create entire new outfits.

For example, you can wear the same pair of pants for two site visits, but change the shirt, tie, belt, jacket, shoes, etc.

You do not necessarily need a brand new outfit for each professional event, if clothes are clean and unwrinkled you can wear them again. However, this does not mean that a student should only bring one professional outfit, or one professional pant or shirt for the entire program. Students should bring multiple outfits, but can mix & match if clothes have been worn minimally, are clean and unwrinkled.

Other Options

Department stores (Sears, JC Penny, Macy's, etc.)

Business Attire Shops (Men's Wearhouse, Express)

If family requires financial assistance please contact Mindy Deardurff or Kathy Evenson-McDermott at (612) 624-3313.

GopherBusiness 2010
Suggested Packing List for Women

Clothing

- Collared long-sleeve & short-sleeve shirt for business attire
- Slacks or dress pants
- T-shirts or polos
- Jeans (Long jeans, capris, shorts)
- Sweater or cardigan for business casual attire
- Jacket/Sweatshirt for casual attire
- Underwear and bra
- Pajamas
- Bath robe
- Shower sandals
- Heels or loafers
- Sandals
- Tennis/walking shoes
- Casual socks
- Tights

Hygiene

- Shampoo
- Conditioner
- Bath soap/Body Wash
- Hair Brush/Comb
- Hair accessories (hair ties, barrettes, hairbands etc.)
- Beauty products for hair and face
- Makeup
- Qtips
- Feminine Products
- Glasses/Contact Lenses
- Solution for Contacts
- Deoderant
- Toothpaste
- Toothbrush
- Floss & Mouthwash
- Razor and shaving gel/cream
- Lotion

Accessories

- Sunglasses
- Hat
- Umbrella
- Diary/Journal
- Laundry/Dirty Clothes Bag
- Books/Magazines
- Family Photos to Share with Friends

Electrical

- Camera
- Camera Charger & Cable
- Hair Dryer
- Straightener or Curling Iron
- Cell Phone & Charger

Health

- Sunscreen
- Insect repellent
- Anti-Itch Cream for Insect Bites
- Prescription medicines
- Chapstick

Provided (optional)

Sheets
Bedding
Pillow
Towels
Bathroom Tissue
Notebooks or Pens
Bookbag
Flash Drive (USB)

GopherBusiness 2010
Suggested Packing List for Men

Clothing

- Collared long-sleeve shirt for business attire
- Slacks or khaki pants
- T-shirts or polos
- Jeans (Long jeans and shorts)
- Sweater or cardigan for business casual attire
- Jacket/Sweatshirt for casual attire
- Underwear
- Pajamas
- Bath robe
- Shower sandals
- Loafers or shoes for business attire
- Sandals
- Tennis/walking shoes
- Casual socks
- Dress socks
- Ties (optional)

Hygiene

- Shampoo/Conditioner
- Bath soap/Body Wash
- Hair Brush/Comb
- Beauty products for hair and face (gel, face wash, etc.)
- Qtips
- Glasses/Contact Lenses
- Solution for Contacts
- Deoderant
- Toothpaste
- Toothbrush
- Floss & Mouthwash
- Razor and shaving gel/cream

Accessories

- Sunglasses
- Hat
- Umbrella
- Journal
- Laundry/Dirty Clothes Bag
- Books/Magazines
- Family photos to share with friends

Electrical

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- Camera Charger & Cable
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Health

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Bedding
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Bookbag
Flash drive (USB)

